To Critically Think, or Not Critically Think. That is the Question.

Designed by practitioners for practitioners



This highly interactive 3-hour workshop is designed to enhance critical thinking skills across various industries, empowering professionals to apply questioning, analysis, interpretation, and evaluation in their daily practice. By strengthening the ability to critically assess information, participants can make clear, reasoned, and informed decisions about what they read, hear, say, and write in their professional roles. This approach fosters best practices, ethical decision-making, and effective solutions, no matter the industry.

Through engaging discussions and practical activities, this training will help participants:

- Move beyond surface-level understanding by critically assessing information, rather than accepting it at face value.
- Challenge assumptions and biases by questioning underlying beliefs and perspectives.
- Explore diverse viewpoints to develop well-rounded, evidence-based conclusions that enhance professional judgment.

The session equips participants with essential critical thinking tools to improve decision-making, problem-solving, and reflective practice, ultimately leading to better outcomes for both individuals and organizations.

Learning Outcomes

By the end of the workshop, participants will be able to:

- Define and explain critical thinking, including its role in effectively solving problems and driving success in their field.
- Identify and develop key skills essential for critical thinking in professional practice.
- Apply the THINK framework to assess and respond to complex situations in their industry.
- Analyse how critical thinking strengthens the application of other professional frameworks used in their specific sector.

Who should attend

This workshop is ideal for professionals across various industries who are looking to enhance their critical thinking skills and apply them effectively in their roles. It is particularly beneficial for individuals who are responsible for decision-making, problem-solving, and strategic planning within their organisations.

Participants include, but are not limited to:

- Managers and Team Leaders
- Professionals in Healthcare, Education, Finance, Social Services, Government, and Non-Profit sectors

This session is also suitable for those in leadership roles who want to guide teams toward more informed, ethical, and effective practices, as well as for individuals who seek to improve their overall decision-making and reflective practices.