Aboriginal Cultural Awareness Training

Overview

Delivered by VACCA Aboriginal Cultural Facilitators, our one-day Aboriginal Cultural Awareness Training provides participants with an introduction to Aboriginal history and culture in Victoria; an increased understanding of the effects of colonisation, grief and loss on our people; and respectful ways of working with Aboriginal clients, families and communities.

This introductory workshop will cover topics and themes including:

- Language, protocols and appropriation
- Aboriginal life before and after colonisation
- Understanding Aboriginal culture today
- Creating culturally safe spaces for Aboriginal people

Our sessions include presentations, video content, experiential activities and guided discussion. We encourage questions and provide opportunities for personal and professional growth and reflection.

Learning Outcomes

Following our training participants will have knowledge of:

- Stolen Generation trauma and healing.
- The harm caused by privilege, bias and stereotypes.
- Greater awareness and understanding of Aboriginal history and culture in Victoria.
- Understanding of cultural protective factors, including an appreciation of Aboriginal kinship and family structures.
- Insight into the impacts of colonisation and intergeneration trauma of Aboriginal people and communities today.
- Awareness of culturally safe practice and how to engage respectfully with Aboriginal peoples and communities.
- Motivation to continue learning about and appreciating Aboriginal culture.

Who Should Attend

This training is ideal for professionals working within an integrated service system, including practitioners, social workers, clinicians, teachers, and wellbeing counsellors. It is particularly suited to those seeking to strengthen their cultural awareness and responsiveness when working with First Nations communities.

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