Managing and Maintaining Professional Boundaries

Designed by practitioners for practitioners

Overview

Managing and Maintaining Professional Boundaries is a highly interactive 4-hour workshop designed for practitioners, case managers, social workers, and other professionals working within an integrated system that supports children, young people, and their families. This session provides a safe and reflective learning environment to explore the purpose and importance of professional boundaries in practice.

Participants will deepen their understanding of ethical considerations and how boundaries influence working relationships, while examining the different types and contexts in which boundaries apply. The workshop introduces practical strategies, tools, and resources to help professionals navigate complex situations with clarity and confidence.

Through discussion, scenario-based learning, and guided reflection, this workshop empowers participants to maintain professional integrity, foster trust, and promote safe, respectful engagement with the children, young people, and families they support.

Learning Outcomes

By the end of this workshop, participants will be able to:

- Define professional boundaries and understand their purpose in practice.
- Articulate the importance of maintaining boundaries when working with children, young people, families, and other professionals.
- Identify different types of professional boundaries and recognise their role in promoting wellbeing and preventing burnout.
- Develop and apply strategies to establish and maintain safe, ethical, and sustainable boundary practices.

Delivery and Suitability

This is a 4-hour, highly interactive workshop delivered either in-person or online to suit your organisation's needs. To optimise the learning experience and encourage meaningful participation, each session is capped at 30 participants.

Who should attend

This training is ideal for professionals involved in day-to-day case management and client support roles, including but not limited to Team Leaders, Practitioners, Practice Leads, and Support Workers. It is particularly suited to those who are required to implement and uphold professional boundaries in their work with children, young people, families, and colleagues.

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