Supporting Neurodivergent Staff to Thrive

Designed by practitioners for practitioners

Overview

Supporting Neurodivergent Staff to Thrive is a leadership-focused workshop designed to deepen understanding of neurodivergence and highlight the valuable strengths neurodivergent individuals bring to the workplace. With the right knowledge and approach, leaders can create inclusive environments where all staff feel respected, supported, and able to contribute meaningfully.

While workforce diversity is widely recognised, neurodivergence - reflecting the natural variation in how people think, process, and experience the world - is often less understood. Because most workplaces are designed with neurotypical norms in mind, neurodivergent staff may require different forms of support to ensure equity and belonging.

This 3.5-hour workshop equips leaders with practical strategies, insights, and tools to foster inclusive teams and help neurodivergent staff not only feel included but truly thrive.

Learning Outcomes

By the end of this workshop, participants will:

- Develop a clear understanding of the neurodiversity umbrella and the range of differences it encompasses.
- Recognise the unique strengths, perspectives, and contributions neurodivergent staff bring to the workplace.
- Gain practical skills to implement workplace adjustments that support neurodivergent employees.
- Build a toolkit of strategies to create inclusive, supportive environments that promote equity and belonging.
- Explore diversity and inclusion principles through a human rights lens.
- Strengthen their commitment to managing neurodivergent staff in ways that are strengths-based, inclusive, and aligned with best practice.

Delivery and Suitability

This 3.5-hour workshop can be delivered either in-person or online, depending on your organisation's needs. It is designed to be highly interactive, encouraging discussion, reflection, and practical application of inclusive leadership strategies. To ensure a high-quality learning experience and meaningful engagement, each session is capped at 30 participants.

Who should attend

This training is ideal for leaders, managers, and supervisors across all sectors who are committed to building inclusive workplaces and supporting neurodivergent staff to thrive.

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