YPVITH – Young Person Violence in the Home

Overview

This highly interactive seven-hour (7) workshop supports professionals to build foundational knowledge and practical skills in understanding and responding to Young Person Violence in the Home (YPVITH). The training explores the complex drivers of violent behaviour, including trauma, development, disability and mental health, and equips participants with strategies to respond safely and effectively within a whole-of-family context.

Purpose

The purpose of this workshop is to strengthen practitioners' capability to recognise, assess and respond to YPVITH using trauma-informed, relational and family-centred approaches. It aims to improve outcomes for young people and their families by promoting safe, collaborative and evidence-informed practice.

Learning Outcomes

By the end of this workshop, participants will be able to:

- Develop a deeper understanding of YPVITH, including its drivers, behaviours and presentations
- Recognise the impact of trauma, cumulative harm, disability and mental health on violent behaviour
- Apply relational, strengths-based and whole-of-family approaches in practice
- Strengthen confidence in risk assessment, safety planning and management strategies
- Collaborate effectively with other services to improve outcomes for young people and families
- Apply relevant information sharing frameworks to support integrated practice

Target Audience

This training is designed for practitioners who work directly with children, young people and families, including social workers, case managers, clinicians, allied health professionals, family violence practitioners, youth workers, educators, as well as team leaders and managers. It is suitable for professionals at all levels of experience.

Delivery Format

- Seven hour interactive workshop (in person), two x four hour workshops online
- Delivered either online or in person
- Group size is capped at 30 participants to maximise engagement and participation

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Key Topics

The workshop is structured across four core modules:

1. Introduction to YPVITH
   Provides an overview of Young Person Violence in the Home, including key definitions, prevalence and drivers, risk and protective factors, and the relevant legislative and practice frameworks, with a focus on the importance of language and effective engagement.

2. Development, Trauma and Disability
   Explores the impacts of trauma on adolescent development, alongside key developmental considerations for assessment and planning, and examines the influence of disability and mental health on behaviour within the context of YPVITH.

3. Relational and Family-Centred Practice
   Introduces strengths-based, whole-of-family approaches to engaging young people and their families, with a focus on early identification and intervention, effective communication and de-escalation techniques, and supporting parents, carers and other family members.

4. A Community and Systems Approach
   Focuses on strengthening cross-sector collaboration and integrated service delivery, including working with schools, cultural supports and justice services, applying information sharing frameworks, and supporting families where access to services may be limited.

Expected Outcomes

Participants will leave the workshop with increased confidence, practical tools and enhanced skills to:

- Respond safely and effectively to YPVITH
- Support families through early intervention and prevention strategies
- Navigate complex service systems and collaborate with key stakeholders
- Promote safer environments for children, young people and their families

Benefits to Organisations

This training supports organisations to build workforce capability in responding to complex family violence presentations, while promoting consistent, trauma-informed and evidence-based practice. It strengthens cross-agency collaboration and integrated service delivery, enhances staff confidence, safety and decision-making, and contributes to improved outcomes for children, young people and their families.